

**Capacity Building Programme on Child Rights  
A Report**

Date : 12 to 16 December, 2006

Venue : Samvaad Heritage Conference Centre,  
3010, Desai Ni Pole,  
Khadia, Ahmedabad-380001

Organized By : Centre for Health Education Training and Nutrition Awareness  
( CHETNA )

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### Capacity Building on Child Rights Abbreviations

NO	Abbreviations	Full forms
1	AIDS	Acquired Immuno Deficiency Syndrome
2	ANM	Auxilliary Nurse Midwife
3	ASHA	Accredited Social Health Activist
4	AWW	Anganwadi Worker
5	CHETNA	Centre for Health Education, Training and Nutrition Awareness
6	CBP	Capacity Building Programme
7	CRC	Child Resource Centre
8	ECCD	Early Childhood care and Development
9	HIV	Human Immunodeficiency Virus
10	IMR	Infant Mortality Rate
11	MMR	Maternal Mortality Rate
12	NGO	Non Government Organization
13	NSS	National service Scheme
14	PRI	Panchayati Raj Institution
15	RCH	Reproductive and Child Health
16	SHG	Self Help Group
17	UN-CRC	United Nations- Convention on the Rights of the Child

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## **Capacity Building on Child Rights 12-16<sup>th</sup> December, 2006**

### **Background**

Children below 15 years constitute about 40% of the total population in India. If all of them are happy and healthy, they can make a positive contribution to the progress and development of our country. However, the reality is disturbing when we see and hear about so many children who do not have access to health services, care, protection and education. The girl children are not allowed to be born and if they are born, they are not given the same treatment and opportunities as boys. Children are exploited, abused, sold, punished or are made to work in hazardous industries. In other words, millions of children in India and across the nations do not enjoy their childhood. Many efforts are being made at international, national and grass root level by formulating policies, action plans and organizing programmes.

### **CHETNA's Initiatives**

CHETNA's Child Resource Centre (CRC) envisages healthy and happy children who are empowered to participate in the process of development. In order to realize its vision and to promote child rights, CRC has initiated a variety of activities such as conducting an action research, organizing capacity building programmes and workshops, development of communication material, networking and advocacy to make stakeholders aware about child rights, especially child's right to life and survival and child's right to participation. During the past four years concerted efforts have been made to spread awareness about child rights and enable stakeholders and organizations to integrate child rights in their programmes. The first Capacity Building Programme (CBP) on Child Rights was organized by CHETNA in November 2004 followed by a workshop on Child's Right to Participation in September 2005 and a Writing Workshop on Child Rights in August, 2006. Communication material was developed to convey messages related to child rights and some more are in the process being developed.

### **About the Capacity Building Programme (CBP)**

In order to take forward the process of spreading and integrating child rights in partner organizations working with children, the second Capacity Building Programme on Child Rights was organized from December 12 through 16 2006 at CHETNA's Samvaad Heritage Conference Centre, Ahmedabad. The participants were invited from Gujarat and Hindi speaking states of India.

### **Participants**

Thirty nine participants from twenty six NGOs from Gujarat, Rajasthan, Madhya Pradesh, Uttar Pradesh and the union territory of Dadra Nagar Haveli participated in the programme, which was conducted in Hindi language.

The participants comprised of supervisors, coordinators of children's programmes and field level functionaries involved in variety of programmes for children. Their work experience varied from less than a year to 18 years. (Please refer Annexure 1 for the List of Participants)

### **Objectives of the Capacity Building Programme**

1. To enhance the participants' understanding about child rights.
2. To enhance the participant's awareness and ability to plan and implement advocacy programmes on issues concerning child rights.
3. To work out the plan of action for advocacy and follow-up strategy of the CBP.

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## Content of the Programme

The Capacity Building Programme started with a warm welcome by Ms. Minaxi Shukla the Deputy Director, CRC followed by an introductory game, eliciting expectations of participants, discussing objectives of the CBP, formation of reporting committees and administering the pre-test.

The main content included the following topics.

- Who is a CHILD?
- Understanding Child Rights.
- National Plan of Action for Children 2005 and Child Rights.
- Innovative Approaches to Realize Child Rights.
  - ⇒ Bal Sansad (Children' Parliament)
  - ⇒ Child Line
  - ⇒ Bachpan Sena(Children's Battalion)
  - ⇒ Child to Child Approach
  - ⇒ Right to Information
- Legal Provision for Protection of Children.
- Code of Conduct to Protect Children
- Advocacy- meaning and need.
- Audience and Methods of Advocacy.

In order to enable the participants to gain insight in each other's work, they were given an opportunity to make a presentation about their organizational objectives, activities and vulnerable groups served by their organizations. Towards the end of the CBP, the participants prepared individual and organizational plan of action for advocating issues concerning child rights with time targets and expectations from CHETNA.

## Methodology

The entire CBP was facilitated by using participatory methods such as group discussion, role -play, case study discussion and ice breakers to make the learning process interesting and stimulating A twenty minute CD on child rights titled "Raju and I" was also screened, followed by discussion and analysis of situation of children.

On two evenings, the participants enthusiastically showcased their various talents at cultural events specially organized by CHETNA. (Please refer Annexure -2 for the Design of the CBP.)

## Reference Material

The participants were given extensive handouts related to academic sessions and useful publications related to child rights and advocacy to enable them to refer the same in future too. (Please refer Annexure- 3 for the list of resource material.)

## Feedback and Evaluation

With a view to understand specific learnings of participants at the end of the Capacity Building Programme, a simple test was developed based on the content of the CBP. The test was given at the beginning and at the end of the CBP. The results of the pre and posttests are described later in the report.

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### Resource Persons

External Resource Persons from Ahmedabad were invited to share their experiences about Bal Sansad (Children's Parliament), Right to Information, Child Line, Bachpan Sena (Children's Battalion) and legal provisions for protection of children. The remaining sessions of the five-day programme were facilitated by CHETNA Team. (Please refer Annexure-1 for the list of participants and resource persons.)

### Expectations of the Participants

The expectations elicited from the participants could be categorized into three main headings.

#### 1. *Child Rights*

- About 80% of the participants wanted to have detailed information about child rights.
- About 25% of the participants wanted to know how to apply child rights in practical situations and how to actualize child rights.
- One participant wanted to learn about IEC material that would enable them to enhance awareness about child rights and implement them.



#### 2. *Training*

- About 25% participants wanted to know how to impart training on child rights to those who work with children at grass root level.

#### 3. *Activities*

- About 20% participants wanted to know how to plan various activities to ensure that children enjoy their rights to education, nutrition and all round development.

#### 4. *General Expectations*

Some participants wanted to learn

- How to make the masses aware about child rights.
- How to enable the village people to plan and implement activities related to child rights.
- What help can they expect from CHETNA in continuation of the present CBP.

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### **Focus Areas of Organizational Work**

The participants shared the objectives, focus areas of work and main activities of their organisations. The focus areas on which their organisations work could be summarized as follows.

**Health:** HIV/AIDS, Reducing IMR and MMR, RCH, ECCD, safe motherhood, Child nutrition, immunization.

**Education:** Improving quality of education, organizing balwadis, co-curricular activities for children, ashram shala (residential school in rural areas), bridge courses for school dropouts, literacy for children, sports.

**Child Rights:** All child rights, registration of birth, work with families, Health and Education (issues mentioned above).

**Livelihood:** Income Generation, Self-Help Groups, and self-employment, **Panchayati Raj:** Trainings of staff of Panchayati Raj Institutes (PRI)

**Activities conducted by the Participating Organisations:** Bal Mela(children's fair), rallies, AWW training, children's camps, organic farming, ashram shala.

### **Main Learnings from the Capacity Building Programme on Child Rights**

Participants' Learnings from the CBP on Child Rights are based on the feedback given at the end of each session and their daily reports.

#### ***Related to Who is a CHILD?***

Participants learnt that

- There is no one definition of child (in terms of his/her age) in the context of Indian laws.
- A human being below 18 years of age is considered a child according to UN-CRC, which is a widely accepted definition of a CHILD.
- A child has common characteristics such as having unique personality, constantly developing and evolving human being, curious, innocent, and able to think, judge and take decisions, keen to do own work.

#### ***Related to Child Rights***

Participants learnt

- About the difference between rights and needs.
- That the most essential needs are called rights.
- That the rights and responsibilities go together.
- In detail about the four groups of child rights and the issues involved in each group.
- About CHETNA's perspective
- About an "Empowered Child."
- About adult's responsibilities towards children.

#### ***Related to innovative Programmes of Child Rights***

Participants learnt

- About Child line and its Helpline phone number i.e. 1098, which is used allover India.

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- About Bal Sansad and how Right to Information enables children to play their role as enlightened members of Bal Sansad and ask pertinent questions to the speaker of the parliament/legislative assembly.
- How to form and organize Bachpan Sena (Children's Battalion), which works actively at village level.
- About Child-to-Child Approach which we can implement in our field areas.

### ***Related to Legal Provisions for Protection of Children***

Participants learnt

- About Juvenile Justice (Care and Protection of Children) Amendment Act 2006 (JJ Act)
- How JJ Act works and
- What is the responsibility of different stakeholders in implementing JJ Act.

### ***Related to Code of Conduct for Children***

Participants learnt:

- The Concept of Code of Conduct for Children.
- The necessity to frame and implement the Code of Conduct in our organizations and.
- How to behave with children keeping in mind the contents of the Code of Conduct.

### ***Related to Advocacy***

Participants learnt

- The meaning of advocacy.
- Steps of advocacy and how to go about it.
- With whom to do advocacy?
- About ways to plan and make advocacy efforts on issues related to child rights.

### **Participants' Progress during the Capacity Building Programme**

The Pre and Post Test results were analysed to determine the extent to which the participants gained conceptual clarity and understanding of the topics covered during the Capacity Building Programme. The analysis of Pre and Post Test results revealed that majority of participants who were either ignorant or unsure of the concepts related to child rights and advocacy, gained considerable clarity on those issues. However, a small number of participants are still not clear about basic concepts and they need to either attend more Capacity Building Programmes or read carefully the reference material given to them to enhance their understanding about the crucial subject matter related to child rights and advocacy. Specific data related to Pre and Post Test Analysis is given below.

#### **Q-1: According to you, who is a "CHILD"?**

<b>Particulars</b>	<b>Pre-test response %</b>	<b>Post-test response %</b>
A person below 18 years of age	35	84
A person below 14 years of age	40	3
A person below 10 years of age	5	-
Miscellaneous response	20	13
<b>Total</b>	<b>100</b>	<b>100</b>

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The result of Q. 1. indicates that 84% of the respondents have learnt the widely accepted definition of a CHILD given by the UN Convention on the Rights of the Child i.e. a human being below the age of 18 is called a CHILD. This is a positive result.

### Q 2. What do you understand by the word “RIGHTS?”

Particulars	Pre-test response %	Post-test response %
Entitlement	35	12
Non-negotiable Needs	-	55
Needs	17	11
Miscellaneous response	48	8
Do not know	-	13
<b>Total</b>	<b>100</b>	<b>100</b>

The result of Q. 2. indicates that 55% of the participants have clearly understood and articulated the meaning of the word “RIGHTS”. The remaining responses are not clearly articulated, which means that 45% of the participants need recapitulation of this concept.

### Q. 3: Who announced the Convention on the Rights of the Child (CRC) and when?

a. Who announced?

Particulars	Pre-test response %	Post-test response %
United Nations	45	95
National Commission	5	5
Do Not know	50	-
<b>Total</b>	<b>100</b>	<b>100</b>

b. When was CRC announced?

Particulars	Pre-test response %	Post-test response %
1989	42	71
1990	3	}
1992	8	
1994	5	
Do not know	42	
<b>Total</b>	<b>100</b>	<b>100</b>

The result of Q.3. indicates that majority (95%) of respondents learnt at the end of the Capacity Building Programme that CRC was announced by the United Nations but only 71% could remember 1989 as the correct year when it was announced. This is also a positive result.

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### Q.4: What do you understand by “Advocacy”?

Particulars	Pre-test response %	Post-test response %
1.To ensure that the voices of the disadvantaged people reach the Government	5	55
2. Tool to seek legal help	0	13
3.Democratic methods to solve problems	-	11
4.To ensure that the problem reaches an appropriate authority	20	11
5. To bring about change	-	5
6. To frame rules and regulations	25	-
7. Do not know	50	5
<b>Total</b>	<b>100</b>	<b>100</b>

The responses to this question revealed that only 55% participants were clear about the meaning of ‘advocacy’ at the end of the Capacity Building Programme and this concept needs revision and reinforcement.

### Q.5: Which Code of Conduct should be implemented by the organisations working with children?

Particulars	Pre-test response %	Post-test response %
1. Code of Conduct for Child Protection	13	39
2.Miscellaneous response	87	61
<b>Total</b>	<b>100</b>	<b>100</b>

The response to Q.5. revealed that only about 39% participants learnt that the Code of Conduct related to Child Protection should be implemented by the organisations that work with children. This aspect needs repetition and revision.



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## Action Plan of Participating Organisations at a Glance

<b>Enhance Awareness of</b>	<b>Activities</b>
<div style="margin-bottom: 20px;"> <p>Village Head</p> <ul style="list-style-type: none"> <li>AWW</li> <li>ANM</li> <li>ASHA</li> <li>SHGs</li> <li>Bal Panchayat- office learners</li> <li>Community members</li> </ul> </div> <div style="margin-bottom: 20px;"> <p>Block Level</p> <ul style="list-style-type: none"> <li>Bal Shramik and Family members</li> <li>School teachers</li> <li>Youth groups</li> <li>Mohalla Meetings (Baithak)</li> <li>Community Members</li> </ul> </div> <div> <p>District Level</p> <ul style="list-style-type: none"> <li>NSS Workers</li> <li>School and college teachers and school management</li> <li>Children and their parents</li> <li>Community members</li> </ul> </div>	<p><i>For enhancing Awareness</i></p> <ul style="list-style-type: none"> <li>• Training and workshops on child rights</li> <li>• Discussions at different forums.</li> <li>• Formulation and implementation of Code of Conduct for Child Protection at organisational level.</li> <li>• Preparing children’s teams (Bal Samooh, Bal Manch)</li> <li>• Exhibition of wallpapers, posters.</li> <li>• Films,</li> <li>• Bal Mela, (Children’s Fair)</li> <li>• Health Camps</li> <li>• Start Child Helpline.</li> </ul> <p><i>Networking with</i></p> <ul style="list-style-type: none"> <li>• Partner organisations</li> <li>• Schools at Block and District levels.</li> <li>• AWWs of different villages.</li> </ul> <p><i>Research</i></p> <ul style="list-style-type: none"> <li>• In the schools of a particular village</li> </ul> <p><i>Advocacy</i></p> <ul style="list-style-type: none"> <li>• On selected child rights at village, block and district levels.</li> </ul> <p><i>Documentation</i></p> <ul style="list-style-type: none"> <li>• Of training programmes, workshops, case studies of children.</li> </ul>

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### Concluding Session

The CBP concluded with a session where the participants shared their learnings, experiences and concerns about child rights with the chief guest Smt. Binduben Gamit, Additional Secretary, Department of Women and Child Development, Government of Gujarat, Ms. Indu Capoor, Founder Director of CHETNA, Ms. Minaxi Shukla, Dy. Director, CRC CHETNA and other Team Members of CHETNA. State wise action plans were presented by the participants. Ms. Gamit got so involved in listening to the plans that she even asked some questions to the participants pertaining their work, which were answered. In her address, Ms. Gamit reiterated her Department's commitment to protect child rights and to work towards improving children's conditions. Ms. Indu Capoor complimented the group for their enthusiasm and ensured CHETNA'S support to their organizations to take forward their work with rights perspective.



The certificates of participation were distributed to the participants.

The participants bade good-bye to each other and to the facilitators by exchanging roses and a hope to meet again.

### Way Forward

The results of Pre and Post Tests indicate that majority of the participants clearly understood the meaning of who is a CHILD and who announced the UN-CRC and when. However it is a matter of concern that only about 50% of participants were clear about the concepts of RIGHTS, ADVOCACY and CODE OF CONDUCT for Child Protection. These results imply that clarity of the above concepts should be woven into the follow-up plan with participating organizations about the work that they have initiated after the Capacity Building Programme to promote child rights. This would be done through email, correspondence, visits and by organizing follow-up meetings where some of the organisations could get together to review their work.

Promoting child rights is a dream, which requires committed and continuous efforts from all the stakeholders. CHETNA would play a vital role by providing direction and steering the efforts of the organizations that are working on child rights by providing technical, training and material support.

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**Annexure-1**  
**Capacity Building Programme on Child Rights**  
**Organised by: Child Resource Centre of CHETNA, Ahmedabad**  
**12<sup>th</sup> to 16 December 2006**  
**List of Participants**

<b>Name of Organisations</b>	
<b>Gujarat</b>	
1. Sharda Namsha Akhand Jyot Foundation B/h. Fatehpura Post Office, Paldi, Ahmedabad-380006 Gujarat Ph: 079-26643029, 26643234 Email: <a href="mailto:akhandjyot@ad.growthnet.net">akhandjyot@ad.growthnet.net</a>	2. Vijayaben Kukvav Hariraj Charitable Trust Educational & Social Welfare Centre 31-Omnagar (3), Opp. Gokul Garden, Hanumanpara Road, Amreli-365601 Gujarat Ph: 02792- 223525 Email: <a href="mailto:hard_ad1@Sancharnet.in">hard_ad1@Sancharnet.in</a>
3. Yogesh Rajput K.H.Jani Charitable Trust 8, Bhrajbhumi Apartment, Ambawadi Ahmedabad-380006, Gujarat Ph- 26565750, Fax26565940 Email: <a href="mailto:kahija008@rediffmail.com">kahija008@rediffmail.com</a>	4. Rihvana Tadbuchvala K.H.Jani Charitable Trust 8, Bhrajbhumi Apartment, Ambawadi Ahmedabad-380006 Gujarat Ph- 26565750, Fax26565940 Email: <a href="mailto:kahija008@rediffmail.com">kahija008@rediffmail.com</a>
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9. Parmar Laxmiben Patani Sheri Seva Sangh 1453, Pragati Chowk, Nr. Gayakwad Haveli, Raikhad, Ahmedabad-380001, Gujarat Ph: 079-25323926 Yogesh Rajput	10. Ms. Trupti D. Vagh Shikshan Ane Samaj Kalyan Kendra 31, Omnagar 930, Opp. Gokul Garden, Hanumanpara Road, Amreli-365601, Gujarat Ph: 02792-223525 Email: <a href="mailto:sskkamreli@gmail.com">sskkamreli@gmail.com</a>
11. F.D. Rajput The Young Citizen of India Charitable Trust, Mehsana , 2-Amtha Prabhudas-Ni-Chali, Pilaji Ganj , Mehsana-1 Ph-02762-259439; Fax: 02762-255802	12. Yasif Mansuri Gram Vikas Seva Trust C/o. Idar Taluka Kharid Vechan Sangh 1 st Floor, S.T. Road. Idar-383430 Dist. Sabarkantha, 9824712102
13. Manish Singh Roman Catholic Diocesan Samaj Sevi Sanstha Madar, Ajmer-305024, Rajasthan Ph: 0145-2671003, 2670320 Email: <a href="mailto:rcdsss@hotmail.com">rcdsss@hotmail.com</a> <a href="mailto:rcdsss@yahoo.co.in">rcdsss@yahoo.co.in</a>	14. Sylvestor Ariel Gramin Evam Samajik Vikas Sanstha, Parbatpura, AJMER, Rajasthan Ph: 9214569944 Email: <a href="mailto:GSVS_ajm@yahoo.co.in">GSVS_ajm@yahoo.co.in</a>

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<p>25. Vivek Kumar Tripathi CECOEDECON Swaraj, F-159/160 Near Chatrala Circle Sitapura Industrial Area, Jaipur, Rajasthan Phone 0141- 2771488 3094834/35/36 Email : <a href="mailto:cecoedecon@indiatimes.com">cecoedecon@indiatimes.com</a></p>	<p>26. Balver Singh Rajawat CECOEDECON Swaraj, F-159/160 Near Chatrala Circle Sitapura Industrial Area, Jaipur, Rajasthan Phone 0141- 2771488, 3094834/35/36 Email : <a href="mailto:cecoedecon@indiatimes.com">cecoedecon@indiatimes.com</a></p>
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<p>31. Ram Singh Choudhary Centre for Unfolding Learning Potentials (CULP) 602-(O), Hanuman Nagar Ext, Khatipura , Jaipur-302 012 Ph- 0141-2351212 Email: <a href="mailto:culp@datainfosys.net">culp@datainfosys.net</a></p>	<p>32. Dinesh Kumar Bhati URMUL Seemant Samiti (Bajju) Kolayat Nr. Railway Station, Kolayat Bikaner, Rajasthan Ph: 01534-236295/236088</p>
<p>33. Pradeep Vyasu URMUL Seemant Samiti (Bajju) Kolayat Nr. Railway Station, Kolayat, Bikaner, Rajasthan Ph: 01534-236295/236088</p>	<p>34. Dhan Raj URMUL Seemant Samiti (Bajju) Kolayat Nr. Railway Station, Kolayat Bikaner, Rajasthan Ph: 01534-236295/236088</p>
<p>36. Babulal Garasia Gandhi Manav Kalyan Society Near Ankur Hotel, Shastri circle, Udaipur, Rajasthan Ph: 0294-2411895 Email: <a href="mailto:mksudr@rediffmail.com">mksudr@rediffmail.com</a></p>	<p>35. Rajesh Kumar Sharma Gandhi Manav Kalyan Society Near Ankur Hotel, shastri circle, Udaipur, Rajasthan Ph: 0294-2411895. Email: <a href="mailto:mksudr@rediffmail.com">mksudr@rediffmail.com</a></p>
<p><b>Uttar Pradesh</b></p>	<p><b>Madhya Pradesh</b></p>
<p>37. Eishan Sharma Human Unity Movement, 'HUM' Madhukunj, A-26/2 Indiranagar, Lucknow, 226016, Uttar Pradesh Ph: 0522-2348764 Email: <a href="mailto:hun108@rediffmail.com">hun108@rediffmail.com</a></p>	<p>38. Abhishek Chatterjee Centre for Advanced Research and Development 'CARD', 206 , Silver Hills Colony, Dhar Madhya Pradesh</p>
<p><b>Resource Persons</b> 1 Shri Harinash Pandya Janpath, Ahmedabad 2 Ms. Pankti, Janpath, Ahmedaabad 3. Ms. Chhaya Joshi, ASAG, Ahmedabad 4 Shri Ankur, Mansukh, Navghan, from Gantar, Ahmedabad 5 Ms. Suchitra Sheth, SETU, Ahmedabad</p>	<p><b>CHETNA (Gujarat)</b> 1 Ms. Indu Capoor 2 Minaxi Shukla 3 Ms. Ila Vakharia 4 Dr. Gahver Kapadia 5 Ms. Chitra Iyer 6 Ms. Hemagini Gaikwad 7 Ms. Shruti Shah 8 Ms. Arpita Vasava</p> <p><b>CHETNA</b>, 1834, Desai ni Pole, Opp. RBRC Girls High School, Khadi, Ahmeabad-380 001 Ph.: (079) 22149938 (Fax) 22113005 Email: <a href="mailto:chetna@icenet.net">chetna@icenet.net</a> Web: <a href="http://www.chetnaindia.org">www.chetnaindia.org</a></p>

# CHETNA

## Annexure-2

### Design of the Capacity Building Programme on Child Rights

**Venue:** Samvaad Heritage Conference Centre, 3010, Desai-Ni-Pole,  
Ahmedabad-380001 Khadia

**Dates:** 12 to 16 December 2006 (Tuesday to Saturday)

**Day : 1: 12/12/06**

No	Time	Topic	Resource Person
1	9:30 -10:30 a.m.	Registration of participants and Tea	AT/AV
2	10:30-11:00 a.m.	Welcome	MS
3	11:00-12:00 p.m.	Introduction of participants	IV/AV
4	12:00-12:30 p.m.	<ul style="list-style-type: none"><li>▪ Expectations from the Capacity Building Programme on Child Rights</li><li>▪ Objectives of the Capacity Building Programme on Child Rights</li><li>▪ Formation of Committees</li></ul>	IV
5	12:30-1:00 p.m.	Pre- test	AV
6	1:00 - 2:00 p.m.	Lunch	
7	2:00 - 3:00 p.m.	Who is a Child?	GK
8	3:00 - 4:00 p.m.	Understanding Child Rights	GK
9	4:00 – 4:15 p.m.	Tea Break	
10	4:15 – 6:00 p.m.	Understanding Child Rights (contd)	GK
11	6:00 – 7:00 p.m.	Film show and Discussion (Raju and I)	AV

**Day: 2: 13/12/06**

No	Time	Topic	Resource Person
1	9:30 – 10:00 a.m.	Report of the previous day's learnings	Participants
2	10:00–11:00 a.m.	National Plan of Action for Children (2005) and Child Rights	MS
3	11:00-11:15 a.m.	Tea Break	
4	11:15- 1:00 p.m.	Presentation by participants on their present efforts on Child Rights	Participants
5	1:00 – 2:00 p.m.	Lunch	
6	2:00 – 4:00 p.m.	Presentation by participants on their present efforts on Child Rights (contd)	Participants
7	4:00 – 4:15 p.m.	Tea Break	
8	4:15 – 5:30 p.m.	Sharing of main findings of CHETNA'S study on Child Rights	GK

## CHETNA

**Day: 3:14/12/06**

No	Time	Topic	Resource Person
1	9:30 – 10:00 a.m.	Report of the previous day's learnings	Participants
2	10:00- 11:00 a.m	Sharing of innovative programmes related to Child Rights	Bal Sansad- Janpath Child Line- ASAG
3	11:00-11:15 a.m.	Tea Break	
4	11:15- 1:00 p.m.	Sharing of innovative programmes related to Child Rights (Contd)	CtC-CHETNA Bachpan Sena- Gantar
5	1:00- 2:00 p.m.	Lunch	
6	2:00- 4:00 p.m.	Legal Provisions for Protection of Children	Suchitra Sheth- SETU
7	4:00-4:15 p.m.	Tea Break	
8	4:15-5:00 p.m.	Selection of Issues for Advocacy	IV
9	5:00-6:00 p.m.	Code of Conduct for Working with Children	SS

**Day: 4: 15/12/06**

No	Time	Topic	Resource Person
1	9:30-10:00 a.m.	Report of the previous day's learnings	Participants
2	10:00-11:00 a.m.	Need for Advocacy on Child Rights	CI/IV
3	11:00-11:15 a.m.	Tea Break	
4	11:15-1:00 p.m.	Advocacy with whom and how?	CI/IV
5	1:00 - 2:00 p.m.	Lunch	
6	2:00 – 6:00 p.m.	Preparation of Advocacy and Action Plan on selected topics	Participants

**Day: 5: 16/12/06**

No	Time	Topic	Resource Person
1	8:30- 9:00 a.m.	Report of the previous day's learnings	Participants
2	9:00- 12:00 p.m.	Presentation of Action Plans prepared by Participating Organizations	IV/GK/CI/ Participants
3	12:00- 12:30	Follow-up plan	GK/IV
4	12:30-1:00 p.m.	Post- test	AV
5	1:00 – 1:45 p.m.	Closing Session Certificate distribution to participants Vote of Thanks	GK/IV/AV/IC/ Binduben Gamit

**CHETNA**  
**Annexure-3**

**Capacity Building Programme on Child Rights**  
**List of Resource Material given to Participants**

- 1) Convention on the Rights of Child. [Hindi]
- 2) Manual on Complimentary Feeding. [Hindi]
- 3) Anaemia and Women's Health Kit. [Hindi]
- 4) Children In-Charge for Change –Resource Package. [Hindi]
- 5) A set of 6 post-cards with Child Rights Messages.
- 6) Book Marks with Health Messages for Children.
- 7) Bal Kendritata Ki Samajh. [A book on child centred approach in Hindi]
- 8) National Plan Action for Children, 2005. [Hindi]

**Handouts given to the participants**

- 1) Handouts related child and child rights
- 2) Handouts related to Advocacy. [Hindi]
- 3) Code of Conduct of Child Protection Policy. [Hindi]
- 4) The Juvenile Justice [Care and Protection of Children] Act, 2000.Rules. [Hindi]

## CHETNA

### About CHETNA

CHETNA<sup>1</sup>, meaning “awareness” in several Indian languages and an acronym for Centre for Health Education, Training and Nutrition Awareness, is a non-government support organization based in Ahmedabad, Gujarat. CHETNA’s mission is to contribute in the empowerment of disadvantaged women, adolescents and children to gain control over their own, their families’ and communities’ health.

Beginning its activities in 1980, CHETNA started with a project aimed at improving the effectiveness of the government implemented supplementary feeding programmes for mothers and children in the state of Gujarat. Over the past two decades, CHETNA has broadened its activities in the field of nutrition, health, education and development from a “Rights” perspective. The activities reach out to disadvantaged and marginalized children, adolescents and women from rural, tribal and urban areas of Gujarat and Madhya Pradesh.

CHETNA supports Government and Non-Government Organizations (GO and NGOs) through its two Resource Centres. CHEITAN, the Child Resource Centre (CRC) (initiated in June 1991) and Chaitanyaa the Women’s Health and Development Resource Centre (WHDRC) (initiated in October 1992).

Together the centres address the needs of children, adolescents and women during different stages of their lives through building the management capacities of education/health practitioners/supervisors/managers with a view to enable them to implement their field programmes from a holistic and gender perspective and advocate for people centred policies.

CHETNA develops need-based training and education materials, which are widely disseminated at the state, national and international levels.

An Information and Documentation Centre (IDC) has been established in the year 1993 for specifically addressing the information needs of individuals, organisations (GOs and NGOs), academicians, researchers and students working on health, education and development concerns. With a view to extend its outreach to a wider community of children, **CHETNA** initiated two centers, Child Focused IDC and Child Friendly Information and Activity Centre in November 2003.

**CHETNA has been identified as a Regional Resource Centre (RRC) for Gujarat state and the Union Territories of Daman, Diu and Dadra Nagar Haveli to provide technical assistance to NGO’s to improve RCH, facilitate GO-NGO partnership, document and disseminate successful approaches and provide inputs to GOI to ensure effective implementation of policies.**

<sup>1</sup>CHETNA is an activity of the Nehru Foundation for Development, which is a public charitable trust, registered under the Bombay Public Trust Act 1950.



**CHETNA**

For Children Young people Women

Centre for Health Education Training and Nutrition Awareness

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